

COURSE DESCRIPTION:

Public speaking is considered the second biggest fear of humans, second only after death. Stop avoiding opportunities to speak when you can shine. Staying hidden robs you from the possibility of being promoted. Instead, learn how to get out of your own way and speak confidently and succinctly, even on the spot. Hear of tried and true techniques that really work and then apply them in a safe and supportive environment. You do not have to speak in the session if you do not wish to do so.

COURSE DELIVERY:

The course content will be presented primarily through small group-based discussions between participants that are facilitated by the instructor. Paired discussions, entire group debriefs and sharing, some writing and reflection, and some lecture or coaching from the instructor will be delivered. Participants will be encouraged to give at least one presentation and then continue their work on personal development strategies and exercises begun in class through independent study and future classes after the course is completed.

LEARNING OBJECTIVES/OUTCOMES:

This course seeks to empower learners with the skills and know-how to improve their public speaking skills. Working from their strengths, the course builds on those traits the student already has so that they can become ever better speakers. Reviewing fears and challenges, as well as past experiences, the program has learners revisit ways to overcome such barriers and strategize for increased success going forward. By the end of the course, learners will have knowledge of what is needed to be a strong speaker and will be introduced to ways that they can keep improving their public speaking and presentation abilities.

TOPICS

The course covers the following topics:

- How varying cultures and societies place degrees of importance on speaking in public
- Identifying individuals strengths and recognizing them
- Thinking about who is a strong communicator and why
- Planning for an audience
- Preparing content most effectively
- Anticipating distractions when delivering a speech
- Practicing giving a speech with feedback offered

REQUIRED COURSE MATERIAL:

Hand-outs for participants in the course will be provided to the learner.

STUDENT EVALUATION

The student's progress will be recorded using the following grades.

S - Satisfactory achievement in field /clinical placement or non-graded subject area.

U - Unsatisfactory achievement in field/clinical placement or non-graded subject area

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NOTICE TO ALLWe urge you to retain this course outline for future reference. There is a
charge for additional copies.